

Personal coaching with John Farlam

Trainer Training Five-Day Intensive Course

The SmartDriving Trainer-Training course has been designed to teach the skills needed for the effective training and re-training of driving instructors (ADI).

Target audience:

- Experienced driving instructors
- Experienced driving instructor trainers

The driving instructor training business in the UK has traditionally been carried out by driving instructors with no special expertise other than their skills of driving instruction.

While driving instruction skills are fine for teaching driving, they often leave a lot to be desired when teaching the skills of:

- Teaching
- Assessment
- Communication

The 'Success Based' methods taught during this course will equip instructors with no experience and develop the skills of existing trainers.

The course is conducted in-car and is a mix of theory and practice with a strong experiential theme running throughout. The student trainer ratio is normally in the MasterClass format of three-to-one.

The MasterClass format has proved to be John's most successful yet in terms of both learning and value. Sharing training with other delegates creates a more informative and stimulating course; however, this format should not be confused with other 'three-up' in car training.

John's skill and unique approach ensures that everyone gets personal attention and maximises their individual learning – unlike other courses, there are no 'passengers' with the MasterClass format!

The course comes with full documentation covering all aspects of the syllabus (Training Manual and Course Handouts).

Locations / Contact / Fees

Courses are offered in Buxton (Derbyshire)

Contact telephone: 00353-71-9664853

Contact email: john@smartdriving.co.uk

Web site: www.smartdriving.co.uk

Further details:

http://www.smartdriving.co.uk/Driver_Training/training_services/Training_Services.htm

Fees: £1175 per person – see the web site for full details.

Day-One

The first day is designed to introduce/develop the concept of '*Success Based Training*' and provide a sound understanding of the ADI examination marking criteria. (Maximum benefit is gained if you have first attended ADI MasterClass)

Course introduction

Short overview of the aims and training philosophy of the week.

Marking Sheet basics for Part-Three and the Check-Test

Discussion based session exploring the DSA ADI marking criteria and it's relevance to 'everyday' driving instruction.

Watching the driver ...

- Basics
- Watch and speak
- Peripheral vision
- Body language

Watching the driver is a practical exercise which teaches the student how to develop their client's communication and observation skills – it also teaches the importance of 'covert' training and how it can accelerate learning as part of a *success based* strategy.

Strategy for approaching Part-Two training – Driving basics (balance/limit)

This practical driving session develops the students driving ability and explains why a specific approach to training can maximise motivation and 'trainer confidence' when teaching experienced drivers to develop their skills.

Daily review

Day-Two

Day-One Recap

Approach to teaching Part-One

This explores a distance learning approach to teaching ADI Part One using the SmartDriving online study course. It gives an overview of the course and information about how the tutor can support students who are undertaking home study.

Philosophy of 'Success Based Training'

This short discussion builds on the training methodology learned so far and explores the concept of 'delivery versus content' in accelerated learning.

Teaching feedback skills

- Language (positive)
- Body language
- Acceptable behaviour (Trainer's/Instructor's unconscious messages – professionalism)

This is a practical session followed by a tutorial designed to give both an understanding and experience of the teaching of feedback skills. Amongst other things, this session shows why the old 'praise sandwich' method, normally advocated as a useful feedback tool, can often create barriers to block effective communication.

Training routes – Success strategy

Phase-One
Phase-Two
Real world?

The development of effective training routes can do much to make or break on road training at any level, whether it is driver training or driving instructor training. This session considers how the effectiveness of routes can be maximised and covers key route planning strategies.

Daily review

Day-Three

Day-Two Recap

Talking skills

- Lesson introductions
- Basic talk-through skills

This session looks at how some of the most common problems encountered by students can be overcome. The main thrust of this session is aimed at the development of student's core communication skills.

Teaching Q&A

- When stationary
- On the move
- Listening skills
- Embedded commands

Discussion/tutorial/experiential session covering questioning techniques and the teaching thereof.

A coaching approach

Explores what is meant by coaching and how it fits with a Success based approach.

Role-play basics

- 4 second rule
- 3 key levels of role play
- Different character types
- Realism versus Examiner's role-play

Role-play is a powerful teaching tool but can be extremely destructive if poorly or inappropriately used. This session explores 'levels' of role play and positive strategies that ensure role play does not become 'destructive'.

Three levels of talk-through

- Repeated first time to build skills
- Basic action talk-through
- Added detail talk-through

This session demonstrates and develops understanding of 'small chunk' training with regard to the expectations of the trainer and explains how the skill of 'instructional talk-through' can be taught quickly and easily.

Trainer's demonstration from the driving seat

This is an 'add on' to the previous exercise and introduces ways that trainer's can usefully intervene and demonstrate specific aspects of teaching.

Using visuals

- Attention focus
- Interactive through drawing
- When introducing lessons

This session is designed to develop communication skills through the use of visual and other teaching aids. It focuses on general aspects and use of teaching aids.

Daily review

Day-Four

Day-Three Recap

Briefings

- Basic descriptive skills
- Introducing content
- 20 second rule
- The first briefing (motorway)
- Briefing development

Briefings have traditionally been a 'bugbear' for ADI students. This session teaches the trainer how to save hours of training time and help to prevent the de-motivation, stress and frustration which often arises when briefing is taught in the 'traditional' way.

The session introduces the concept of briefing as a 'dynamic process' and teaches a simple method of developing briefing skills.

Identifying common mistakes

Observation – root of many problems

- Straight line near
- Straight line far
- Right turns
- Other mistakes

Typically students are given lists of driver errors, or shown, a series of errors and expected to remember them – this can lead to anxiety and other problems inherent in 'memory based' training. This session explores some root problems which are often unresolved by driving instructors – understanding root causes then enables the student to recognise a wide range of errors early and 'naturally'.

Tell – Ask – Assess

- The routine
- Job sharing
- Making the decision, pull up or keep moving?
- The concept of 'gifts'

This session covers the teaching of a 'fault correction routine'. The routine is essential for structured training.

Understanding Part-Three of the ADI qualifying examination

- Examiner's/Trainer's brief to student (setting the scene)
- Phase One approach
- Phase Two approach
- Examiner's constraints
- Exam v Real World

This tutorial gives an overview of the exam, the key requirements and approach (technique) needed for students in order to maximise their grading.

Day-Five

Route directions

This demonstration/discussion session explores the starting point for Practical ADI teaching skills training. It outlines the importance of a strong foundation of success and explores how the subject can be used to start the development of essential communication skills.

Teaching dual-control use

Experiential session considering the need for a specific 'dual controls lesson' and how to deliver such a lesson.

Structuring Part-Three training

- The starting point
- Structure for success
- PST's are not the main priority!

This session covers a recommended syllabus for training and brings together all of the individual elements of the course to form a cohesive programme.

ORDIT Criteria

ORDIT is the current regulating body for ADI Training. This session considers the assessment criteria for trainers and how the 'SmartDriving' approach fits in with those criteria.

Course review

The course will aim to finish at approximately 3pm on day five.

Note: The items shown in this course programme are provided as a guide only. Programmes will vary, base upon the modules shown, depending upon previous experience, needs and abilities.